

COACHING SKILLS FOR LEADERS AND MANAGERS

Developing the art of developing and inspiring your teams

Overview

Coaching is increasingly recognised as an invaluable way of supporting and motivating staff to develop new skills, improve their performance and confidence and manage change more effectively.

Whether you aspire to establish a coaching culture within your organisation or to increase your leaders' and managers' effectiveness, this programme could be the most cost effective development programme for your organisation!

DAY 1

Developing coaching skills

- ❖ Defining coaching
- ❖ Understanding coaching styles and contexts
- ❖ Applying coaching skills as a leadership tool (listening, questioning, feedback, ownership)

DAY 2

Expanding coaching skills

- ❖ Reflecting on key learning points from practice and examining challenges
- ❖ Refining coaching skills through further practice
- ❖ Committing to the 'plan'

Who should attend

Suitable for all (established and new) leaders and managers who have a responsibility for managing the performance of others

“ I never thought that adopting a coaching approach would change my life as a leader so much! But it has! That was the most valuable course I ever attended.
Thank you for opening my eyes. ”

Juia, participant

Outcomes

In this highly interactive and stimulating developmental programme, participants will develop their skills, knowledge and confidence to apply a coaching style with their team members to improve their own performance and confidence.

Duration

Two times one day programme with a gap of our weeks in-between.
Preferred group size: 8 to 16 people.

**Get inspired? Please contact
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